




Humboldt State University/Earth Education International
Costa Rica: International Environmental Issues & Globalization
31 May – 11 June, 2015

Sunday, 31 May (Arrival)   

10:05am - Arrivals to San José airport*
10:45am - Meet at **Restaurant Malinche** (exit terminal & go RIGHT along sidewalk ~30mts)
11:00am - Load bus & depart Airport
12:00pm - Lunch stop (La Casona del Maíz, on your own)
1:30pm - Depart lunch stop
2:00pm - Arrive Hotel San Ramón & check-in
2:30pm - Welcome meeting: Introductions & logistics
3:30pm - Settle-in time
4:30pm - Presentation: Navigating Costa Rica (Miguel)
6:30pm - Dinner (on your own)
Designated Field Site: Town of San Ramón

Monday, 1 June (San Ramón)     

7:30am - Breakfast (provided)
8:15am - Pre-Field Site Discussion: Solar Energy Background Check (Miguel)
8:45am - Depart hotel (walking)
9:00am - Welcome: City of San Ramón
9:30am - Presentation: Energy Initiatives of the Municipality of San Ramón (Oscar Mario/Municipality of San Ramón)
10:00am - Field visits: Central park, Hotel La Posada, San Ramón cemetery
12:00pm - Lunch (Mi Choza, on your own)
1:15pm - Return to hotel (walking)
2:00pm - Presentation: Protected Areas in Costa Rica (Victor Julio/MINAET)
3:00pm - Break
3:15pm - Presentation: Sustainable Development: Central America in Perspective (Miguel)
5:00pm - Open time
6:30pm - Dinner (on your own)
Designated Field Site: Town of San Ramón

Tuesday, 2 June (Grecia)      

7:30am - Breakfast (provided)
8:15am - Depart San Ramón
9:00am - Presentation & visit: ASOMAG (women's natural health care cottage industry) (Fainer Vargas)
11:00am - Depart ASOMAG
11:30am - Visit & Cultural Activity: Grecia town (Miguel)
12:00pm - Lunch (on your own)
1:10pm - Depart Grecia
1:30pm - Presentation & visit: Coopevictoria (coffee/sugar cane cooperative) (Maria Zamora)
3:30pm - Depart Cooperative
4:00pm - Visit: Hydro-Mechanical artisan workshop (Sarchi)
4:45pm - Depart Sarchi
5:15pm - Arrive San Ramón
6:30pm - Dinner (on your own)
Designated Field Site: Town of San Ramón

Wednesday, 3 June (San Ramón/University of Costa Rica)     

7:30am - Breakfast (provided)
8:15am - Depart hotel (walking)
8:45am - Field visit: University of Costa Rica (UCR) Demonstration Forest (Felipe Sancho, UCR)
10:15am - Arrive UCR classroom
10:30am Presentation: Social Equity: Central America in Perspective (Miguel)
12:00pm - Lunch (on your own)
1:30pm - Return to UCR classroom
2:00pm - Presentation: Indicators of Water Quality in Rivers & Streams (Alison)
3:30pm - Field activity: Bioassessment and Stream Sampling - Part 1: San Ramón (Alison & Koki/UCR)
4:00pm - Return to lab, water analysis, conclusions
5:30pm - Return to hotel
6:30pm - Dinner (on your own)
Designated Field Site: Town of San Ramón

Thursday, 4 June (Biological Reserve 1)     

7:30am - Breakfast (provided)
8:15am - Depart hotel (check-out)
9:30am - Arrive at drop-off point & rustic transport into reserve
10:00am - Arrive at field station & settle-in
10:30am - Welcome, logistics & safety briefing (Miguel/UCR staff-Koki)
11:00am - Presentation: Alberto Brenes Biological Reserve (UCR staff-Koki)
12:00pm - Lunch (provided)
1:30pm - Introductory hike (staff/UCR)
3:30pm - Return to field station & afternoon break
4:00PM - Field activity: Bioassessment and Stream Sampling - Part 2: Biological Reserve (Alison)
6:30pm - Dinner (provided)
8:00pm - Presentation: Globalization & Free-Trade: CAFTA (Miguel)
9:30pm - Night field activity: Insect Collection/Night Exploration
Designated Field Site: Biological Field Station

Friday, 5 June (Biological Reserve 2)    

5:30am - Volunteer service (optional: Birding)
7:30am - Breakfast (provided)
8:15am - Preparations for volunteer work
9:00am - Volunteer service learning (e.g., concrete path, painting, animal print collection, etc.)
12:00pm - Lunch (provided)
1:30pm - Presentation: Sustainable Energy: CR in Perspective (Miguel)
2:30pm - Field visit: Micro-hydro plant
3:30pm - Return to field station & afternoon break
4:00pm - Field activity: Tropical plant diversity -and- trap setting for rat research project (UCR staff-Ronald)
6:30pm - Dinner (provided)
8:00pm - Group Meeting: Mid-course check-in session
9:30pm - Night field activity: Insect Collection/Night Activity
Designated Field Site: Biological Field Station

Saturday, 6 June (Biological Reserve/San Lorenzo)      

5:30am - Field Volunteer service (optional: Birding -and- checking traps from day prior) (UCR staff-Ronald)
7:30am - Breakfast (provided)
8:15am - Hike (optional, staff/UCR - e.g., waterfall)
11:30am - Return to field station & preparations for departure
12:00pm - Lunch (provided)
1:00pm - Depart field station
1:30pm - Arrive drop-off point & change vehicles
2:00pm - Field visit: San Lorenzo Hydroelectric Plant (Melvin Pacheco)
3:30pm - Depart San Lorenzo & optional visit: Finca Conservacionista Las Purrujas (time permitting)
5:00pm - Arrive at La Fortuna & settle-in
6:30pm - Dinner (on your own)
8:00pm - Individual meetings: Research Paper topics (6 x 10 min.)
Designated Field Site: La Fortuna Ecolodge

Sunday, 7 June (La Fortuna 1)     

7:30am - Breakfast (provided)
8:15am - Presentation: La Catarata Ecolodge (Hannia Sandoval)
9:30am - Field visit: La Catarata projects (Miguel)
10:00am - Field visit: Medicinal Plant Farm (Cristina Berrocal)
11:45am - Return to ecolodge
12:00pm - Lunch (on your own)
1:00pm - Preparations for hike
1:30pm - Depart ecolodge
2:00pm - Field visit/hike: Mistico Park Hanging Bridges Reserve
4:00pm - Depart Hanging Bridges
4:30pm - Optional visit: Hot springs (or open time at ecolodge)
6:30pm - Dinner (on your own)
8:00pm - Individual meetings: Research Paper topics (6 x 10 min.)
Designated Field Site: La Fortuna Ecolodge

Monday, 8 June (La Fortuna 2)     

6:00am - Optional volunteer service learning

7:30am - Breakfast (provided)
 8:15am - Volunteer service learning (e.g., farm work)
 11:15am - Return to ecolodge & preparations for departure
 12:00pm - Lunch in town (on your own)
 1:30pm - Optional time in town
 2:00pm - Depart La Fortuna
 4:30pm - Arrive San Ramón
 6:30pm - Dinner (on your own)
Designated Field Site: Town of San Ramón

Tuesday, 9 June (Puntarenas) ☀️ ☂️ 📷 📶

7:30am - Breakfast (provided)
 8:15am - Depart San Ramón
 9:15am - Arrive Puntarenas
 9:30am - Presentation & visit: National University Biological Marine Station (Hannia Vega)
 11:00am - Puntarenas town visit
 12:00pm - Lunch (on your own)
 1:30pm - Open time at the beach
 4:00pm - Depart Puntarenas
 5:30pm - Arrive San Ramón & group meeting (following day pack lunch preparations)
 6:30pm - Dinner (on your own)
Designated Field Site: Town of San Ramón

Wednesday, 10 June (Palmares) ☀️ ☂️ 🧦 📶

7:30am - Breakfast (provided)
 8:15am - Depart San Ramón
 8:30am - Arrive water collection facility (Palmares) & introductions
 9:00am - Presentation (with guest students): Watershed Conservation & Concepts of Restoration/Q&A (Alison)
 10:00am - Field visit: Rincón de Zaragoza water collection facility tour (Christian/Asada)
 10:30am - Field activity: Reforestation & course closing ceremony (just our group)
 12:00pm - Return to water collection facility & lunch with guest students (bring pack lunch to share)
 1:30pm - Closing activity: Intercultural interactive dialog (with guest students)
 2:30pm - Return to San Ramón/hotel
 3:00pm - Group meeting: Debrief session (Miguel)
 4:00pm - Break
 4:15pm - Group meeting: Research planning session (Alison)
 6:00pm - Dinner (on your own, or group potluck - TBA)
Designated Field Site: Town of San Ramón

Thursday, 11 June (Departure) 🧳 ⌚

5:30am - Depart San Ramón
 6:30am - Arrive Airport (NOTE: \$29 departure tax)
 9:00am - Flights Depart SJO (earliest, later departure OK but wait at airport necessary)

ICON KEY (Always recommended: Sunscreen/hat, notebook, Spanish dictionary, rain gear, and repellent when in the field)

Typical Weather	Necessary Gear	Services Available	Other
Rain/Wet: ☂️	Enclosed Shoes: 🧦	Change Cash/ATM: 💰/🏧	Change of Lodging: 🧳
Sun/Heat: ☀️	Bring Food/Snacks: 📄	Laundry Service: 📷	Time-Sensitive Day: ⌚
Cold: ❄️	Night Activity (flashlight): 🔦	WiFi (evenings only): 📶	Safety Alert: 🚨