

North Carolina State University/Earth Education International
Rainforest Conservation & Sustainability Alternative Spring Break
Costa Rica: March 1-9, 2013

FRI, 1 March (ARRIVAL)

2:25pm - Flight arrival (*American Airlines #1561 from Miami*)
3:15pm - Meet at designated location & depart airport
4:30pm - Snack/banking stop (San Ramón)
5:00pm - Depart San Ramón
5:45pm - Arrive at drop-off point (change vehicles, truck transport into reserve)
6:30pm - Arrive at field station & settle-in
7:00pm - DINNER
8:30pm - Discussion: Introductions, itinerary, safety, Q&A (M. Karian/EEI, NCSU Staff)

SAT, 2 March

7:30am - BREAKFAST
8:15am - Presentation: Intro to Alberto Brenes Biological Reserve (R. Sanchez/UCR)
9:30am - Introductory Hike (UCR Staff)
12:00pm - LUNCH
1:00pm - Volunteer Work (UCR Staff, NCSU Staff)
3:00pm - BREAK
3:30pm - Volunteer Work (UCR Staff, NCSU Staff)
5:30pm - Return to station & open time
6:30pm - DINNER
7:30pm - Presentation: Environment & Conservation in CR (M. Karian/EEI)
8:30pm - Insect collection/Night exploration (UCR Staff, NCSU Staff, others)

SUN, 3 March

7:30am - BREAKFAST
8:15am - Field Activities (UCR Staff)
12:00pm - LUNCH
1:00pm - Volunteer Work (UCR Staff, NCSU Staff)
3:00pm - BREAK
3:30pm - Volunteer Work (UCR Staff, NCSU Staff)
6:30pm - DINNER
7:30pm - Presentation: Sustainable Development & Ecological Footprints (M. Karian/EEI) *optional*
8:30pm - Night Rainforest Field Activity (M. Karian/EEI, NCSU staff)

MON, 4 March

7:30am - BREAKFAST
8:15am - Field Activities or Volunteer Work
12:00pm - LUNCH
1:00pm - Waterfall Hike (optional)
4:30pm - Return to field station & open time
6:30pm - DINNER
7:30pm - Discussion: Summary & Conclusions, Feedback (M. Karian/EEI, NCSU Staff)

TUE, 5 March

7:30am - BREAKFAST
8:00am - Preparations for departure
8:30am - Depart field station (truck transport)
9:30am - Arrive drop-off point & change vehicles (EEI portion complete)
12:30pm - Arrive Guácimo & on own...

(cont. over)

WED & THURS, 6 & 7 March

On own (EARTH University)

FRI, 8 March

7:30am - BREAKFAST

8:00am - Preparations for departure

8:30am - Depart EARTH University

10:00am - Arrive La Paz Waterfall Gardens (various activities & lunch)

3:30pm - Depart La Paz Waterfall Gardens

4:30pm - Arrive Alajuela & settle-in

6:30pm - Dinner in Alajuela

SAT, 9 March (DEPARTURE)

On own in Alajuela

2:30pm Depart Alajuela

3:00pm - Arrive at airport

6:10pm - Flight departs (*American Airlines #1064*)